

GILDAN® 2026 - TO FIT sizes UK

*All "TO FIT" sizes are approximate and for guidance only

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
75000	Hammer Maxweight Adult T-Shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	X	X
H000	Hammer Adult T-Shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	X
5000	Heavy Cotton Adult T-shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
5000L	Heavy Cotton Women's T-Shirt	X	8/10	10/12	12/14	14/16	18/20	22/24	X	X
30NLB0	Light Cotton Adult No Label T-Shirt	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
3000	Light Cotton Adult T-shirt	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
64400	Softstyle Adult L/S T-shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	X	X
64000	Softstyle Adult T-shirt	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
64200	Softstyle Adult Tank Top	X	34/36	38/40	42/44	46/48	50/52	X	X	X
64V00	Softstyle Adult V-neck T-shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
64000L	Softstyle Women's T-Shirt	X	8/10	10/12	12/14	14/16	18/20	22/24	X	X
65ENLB0	Softstyle Midweight Adult No Label Enzyme Wash T-Shirt	30/32	34/36	38/40	42/44	46/48	50/52	54/56	56/58	58/60
65000	Softstyle Midweight Adult T-Shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	56/58	58/60
65000L	Softstyle Midweight Women's T-Shirt	X	8/10	10/12	12/14	14/16	18/20	22/24	X	X
64200L	Softstyle Women's Tank	X	6	6/8	10	12/14	14/16	X	X	X
64V00L	Softstyle Women's V-Neck T-Shirt	X	8/10	10/12	12/14	14/16	18/20	X	X	X
2400	Ultra Cotton™ Adult Long Sleeve T-shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
2000 PFD	Ultra Cotton Adult Prepared for Dye T-Shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	X	X
2000	Ultra Cotton™ Adult T-shirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
64800	Softstyle Adult Cotton Piqué Polo	X	36/38	38/40	42/44	46	48	50/52	54/56	X
64800L	Softstyle Women's Pique Polo	X	6/8	8/10	12	14	16	X	X	X
8800	Dryblend Adult Jersey Polo Shirt	X	36/38	38/40	42/44	46	48	50/52	X	X
85800	Hammer Adult Pique Polo		36/38	38/40	42/44	46	48	50/52	X	X

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
18900	Heavy Blend Stadium Blanket				ONE SIZE					
18000	Heavy Blend Adult Crewneck Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
18500	Heavy Blend Adult Hooded Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
18600	Heavyweight Blend Adult Full Zip Hood	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
19000	Hammer Maxweight Adult Crewneck Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	X
19500	Hammer Maxweight Adult Hooded Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	X
SF008	Softstyle Midweight Adult Fleece 1/4 Zip Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	X	X
SF000	Softstyle Midweight Fleece Adult Crewneck	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	X
SF500	Softstyle Midweight Fleece Adult Hoodie	30/32	34/36	38/40	42/44	46/48	50/52	54/56	58/60	62/64
SF600	Softstyle Midweight Fleece Adult Full Zip Hooded Sweatshirt	X	34/36	38/40	42/44	46/48	50/52	54/56	58/60	X

Waist to fit (inches)

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
SF100	Softstyle Midweight Adult Pocket Sweatpants	X	24/26	28/29	30/31	32/33	36/37	38/40	X	X

Age

STYLE	DESCRIPTION	YXS	YS	YM	YL	YXL
5000P	Heavy Cotton Toddler T-Shirt	2T (2)	3T (3)	4T (4)	5T (5)	6T (6)
5000B	Heavy Cotton Youth T-shirt	4-5	5-6	7-8	9-11	12-14
64000B	Softstyle Youth T-shirt	2-4	5-6	7-8	9-11	12-14
65000B	Softstyle Youth T-shirt	2-4	5-6	7-8	9-11	12-14
8800B	Dryblend Youth Jersey Polo Shirt	X	5-6	7-8	9-11	12-14
18000B	Heavyweight Blend Youth Crewneck	4-5	5-6	7-8	9-11	12-14
18500B	Heavyweight Blend Youth Hooded Sweatshirt	4-5	5-6	7-8	9-11	12-14
SF500B	Softstyle Midweight Fleece Youth Hoodie	4-5	5-6	7-8	9-11	12-14

Chest to fit (inches)

STYLE	DESCRIPTION	YXS	YS	YM	YL	YXL
5100P	Heavy Cotton Toddler T-Shirt	2T (20)	3T (21)	4T (22)	5T (23)	6T (24)
5000B	Heavy Cotton Youth T-shirt	24/26	26/28	28/30	30/32	32/34
3000B	Light Cotton Youth T-shirt	24/26	26/28	28/30	30/32	32/34
64000B	Softstyle Youth T-shirt	22/24	24/26	26/28	28/30	30/32
65000B	Softstyle Youth T-shirt	22/24	24/26	26/28	28/30	30/32
8800B	Dryblend Youth Jersey Polo Shirt	X	26/28	28/30	30/32	32/34
18000B	Heavyweight Blend Youth Crewneck	24/26	26/28	28/30	30/32	32/34
18500B	Heavyweight Blend Youth Hooded Sweatshirt	24/26	26/28	28/30	30/32	32/34
SF500B	Softstyle Midweight Fleece Youth Hoodie	24/26	26/28	28/30	30/32	32/34

Height (cm)

STYLE	DESCRIPTION	YXS	YS	YM	YL	YXL
5100P	Heavy Cotton Toddler T-Shirt	2T (86-92)	3T (92-98)	4T (98-104)	5T (104-110)	6T (110-122)
5000B	Heavy Cotton Youth T-shirt	110-122	122-134	134-146	146-164	164-176
3000B	Light Cotton Youth T-shirt	104-110	110-122	122-134	134-146	146-164
64000B	Softstyle Youth T-shirt	104-110	110-122	122-134	134-146	146-164
65000B	Softstyle Youth T-shirt	104-110	110-122	122-134	134-146	146-164
8800B	Dryblend Youth Jersey Polo Shirt	X	122-134	134-146	146-164	164-176
18000B	Heavyweight Blend Youth Crewneck	110-122	122-134	134-146	146-164	164-176
18500B	Heavyweight Blend Youth Hooded Sweatshirt	110-122	122-134	134-146	146-164	164-176
SF500B	Softstyle Midweight Fleece Youth Hoodie	110-122	122-134	134-146	146-164	164-176

* File updated July 1st, 2025

GILDAN® 2025 - EU Standard Sizes

*All EU Standard sizes are approximate and for guidance on

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
75000	Hammer Maxweight Adult T-Shirt	X	46	48/50	50/52	54/56	58/60	60/62	X	X
H000	Hammer Adult T-Shirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	X
5000	Heavy Cotton Adult T-shirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
5000L	Heavy Cotton Women's T-Shirt	X	36/38	40/42	42/44	44/46	48/50	52/54	X	X
30NLB0	Light Cotton Adult No Label T-Shirt	44	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
3000	Light Cotton Adult T-Shirt	44	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
64400	Softstyle Adult L/S T-shirt	X	46	48/50	50/52	54/56	58/60	60/62	X	X
64000	Softstyle Adult T-shirt	44	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
64200	Softstyle Adult Tank Top	X	46	48/50	50/52	54	56	X	X	X
64V00	Softstyle CVC Adult T-Shirt	X	46	48/50	50/52	54/56	58/60	60/62	X	X
64000L	Softstyle Women's T-Shirt	X	36/38	40/42	42/44	44/46	48/50	52/54	X	X
64200L	Softstyle Women's Tank	X	34/36	36/38	40/42	44	46	X	X	X
64V00L	Softstyle Women's V-Neck T-Shirt	X	36/38	40/42	42/44	44/46	48/50	X	X	X
65ENLB0	Softstyle Midweight Adult No Label Enzyme Wash T-Shirt	44	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
65000	Softstyle Midweight Adult T-Shirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
65000L	Softstyle Midweight Women's T-Shirt	X	36/38	40/42	42/44	44/46	48/50	52/54	X	X
2000 PFD	Ultra Cotton Adult Prepared for Dye T-Shirt	X	46	48/50	50/52	54/56	58/60	60/62	X	X
2400	Ultra Cotton™ Adult Long Sleeve T-shirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
2000	Ultra Cotton™ Adult T-shirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
64800	Softstyle Adult Cotton Piqué Polo	X	46	48/50	50/52	54/56	58	60/62	64/66	X
64800L	Softstyle Women's Piqué Polo	X	34/36	36/38	40/42	44	46	X	X	X
8800	Dryblend Adult Jersey Polo Shirt	X	46	48/50	50/52	54/56	58	60/62	X	X
85800	Hammer Adult Pique Polo	X	46	48/50	50/52	54/56	58	60/62	X	X

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
18900	Heavy Blend Stadium Blanket					ONE SIZE				
18000	Heavy Blend Adult Crewneck Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
18500	Heavy Blend Adult Hooded Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
18600	Heavyweight Blend Adult Full Zip Hood	X	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
19000	Hammer Maxweight Adult Crewneck Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	X
19500	Hammer Maxweight Adult Hooded Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	X
SF008	Softstyle Midweight Adult Fleece 1/4 Zip Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	X	X
SF000	Softstyle Midweight Fleece Adult Crewneck	44	46	48/50	50/52	54/56	58/60	60/62	64/66	X
SF500	Softstyle Midweight Fleece Adult Hoodie	44	46	48/50	50/52	54/56	58/60	60/62	64/66	68/72
SF600	Softstyle Midweight Fleece Adult Full Zip Hooded Sweatshirt	X	46	48/50	50/52	54/56	58/60	60/62	64/66	X

Waist to Fit

STYLE	DESCRIPTION	XS	S	M	L	XL	2XL	3XL	4XL	5XL
SF100	Softstyle Midweight Adult Pocket Sweatpants	X	39/41	42/44	46/47	48/49	52/53	54/56	X	X

STYLE	DESCRIPTION	YXS	YS	YM	YL	YXL
5000P	Heavy Cotton Toddler T-Shirt	2T (86-92)	3T (92-98)	4T (98-104)	5T (104-110)	6T (110-122)
5000B	Heavy Cotton Youth T-shirt	110-122	122-134	134-146	146-164	164-176
3000B	Light Cotton Youth T-shirt	110-122	122-134	134-146	146-164	164-176
64000B	Softstyle Youth T-shirt	104-110	110-122	122-134	134-146	146-164
65000B	Softstyle Youth T-shirt	104-110	110-122	122-134	134-146	146-164
8800B	Dryblend Youth Jersey Polo Shirt	X	122-134	134-146	146-164	164-176
18000B	Heavyweight Blend Youth Crewneck	110-122	122-134	134-146	146-164	164-176
18500B	Heavyweight Blend Youth Hooded Sweatshirt	110-122	122-134	134-146	146-164	164-176
SF500B	Softstyle Midweight Fleece Youth Hoodie	110-122	122-134	134-146	146-164	164-176

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